



## SAFETY RULES - See full club rules at [mosmanrowing.com.au](http://mosmanrowing.com.au)

- Bow and stern lights are compulsory before sunrise and after sunset
- Keep to your left at all times (i.e. to bow-side)
- Stay out of the middle third of the channel
- Check your course frequently (i.e. every 5 strokes)
- Take extra care in high risk zones
- Be extremely vigilant when approaching the Davidson boat ramp
- When coming out of any bay you must CHECK & give way coming onto the main course
- Follow the course marked with arrows
- Keep at least 150m clear of the Bluff when returning towards MRC
- When turning at the sailing club look out for boats heading north from Quakers Hat Bay.



If you intend to head down to Cammeray / Tunks Park from the Club, cross over from the Bluff to Northbridge Sailing Club & give way to crews returning from Killarney

## COURTESY RULES

- Do not stop on main routes; move to the side
- Use the assembly areas
- Minimise noise particularly when between MRC and the Green Pole
- When coaching, avoid washing out following crews.