

HEAD OF THE PARRAMATTA COMPETITOR INSTRUCTIONS

PLEASE NOTE: THE STARTING TIME AND STARTING NUMBERS OF ALL CREWS HAS CHANGED AS A RESULT OF CHANGES TO THE FERRY TIMETABLE CHECK YOUR START NUMBER AND START TIME

1. Crews must use the bow numbers provided by the Organising Committee. Special bow numbers have been manufactured for this regatta to ensure Crews can be easily identified. Bow numbers can be obtained from Sydney Rowing Club's front reception counter between 10:30 a.m. and 5:00 p.m. (phone 9712 1199). A deposit of \$10 will be charged, fully refundable after the regatta. Any crew arriving at the start without the correct number will not be allowed to start, as all time calculations are done using these numbers.
2. Crews will marshal in Homebush Bay behind the John Whitton Railway Bridge, according to crew numbers and events. Crews proceeding upriver to the start must keep to the right hand side of the river and pass only through the right hand side of the railway bridge.
3. All Crews will be marshalled in position by 6:45 a.m. All attempts must be made to "self-marshall" according to crew number and event.
4. The start line is to be marked by a buoy. Crews must cross the line between the buoy and the starter on the southern bank opposite Meadowbank Wharf.
5. Crews must cross the start line maintaining a distance of two boat lengths fore and aft. Your starting time will be accurately recorded as you cross the start line.
6. Crews will start at fifteen second intervals.
7. During the race, crews must keep to the southern side of the river (the Sydney Rowing Club side). Boat Race officials will be stationed adjacent to the marker pile at Kissing Point. Crews must pass on the southern side of the pile. Any crew on the incorrect side of the pile will be immediately disqualified.
8. Before and during the race, crews must follow the directions of the marshals or risk disqualification.
9. Competitors should note that the overtaking crew has right of way during the race.
10. Crews are requested to proceed past the finish line for a minimum of 30 metres.

Results: Results will be available on scoreboards at the Sydney Rowing Club grassed area, outside the Regatta Bar.

Trophies: Medallions will be presented to the winners of each event immediately after the regatta. Please make sure that if a winning crew is not available to receive the trophies a representative is on hand. A special trophy provided by the NSW Union of Oarswomen (The Parramatta River Championship Four) will be presented to the fastest women's coxed four.

Spectators: All spectators may view the racing from the comfort of Sydney Rowing Club where refreshments will be on sale.

Membership Currency: Competitors should ensure that their membership of NSW Rowing is current prior to the commencement of the event. Please contact NSW Rowing to confirm the currency of your membership.