

2010 Australian Youth Cup

Bulletin 1

Rowing Australia in partnership with NSWRA, are pleased to announce the 2010 Australian Youth Cup.

The event will be held at the Sydney International Regatta Centre, Penrith Sydney, NSW.
Dates: from 9th - 11th July.

Invitations are extended to all State Rowing Associations and Rowing New Zealand.

EVENT AIM

The aim of the Youth Cup is to create a 'stepping stone' event in the athlete (and coach) development pathway, that bridges the gap between the International Junior and U23 teams. Competing against and sharing the regatta experience with comrades and competitors alike, will establish friendships and co-operations well beyond this one event.

GOVERNANCE

The 2010 Australian Youth Cup will be conducted in accordance with the rules of Rowing Australia, as displayed on the Rowing Australia Website. (www.rowingaustralia.com.au)

QUALIFICATION

The 2010 Australian Youth Cup is open to rowers and coxswains under the age of 21 years as at 31 December 2010. All competitors will be required to provide proof of age at regatta control before racing (passport, driver's license or birth certificate).

RIGHT TO PARTICIPATE

Athletes have the right to participate for the team in which they are a current and financial member of that State Association. A current member is defined as an athlete who has a competitive membership with a club within the State and is recognised by the State Association as an affiliated member. Where an athlete has competed for a different State in the past, the previous state must be notified of the change of state and must not have an objection on the grounds of outstanding fees or disciplinary action. Rowing Australia will only become involved in the determination of an athlete's right to participate for a given state if an objection to that athlete's selection is lodged by another State Association with Rowing Australia.

COMPETITION INFORMATION

ENTRIES

Online entries will be **open** on ROMS from May 1st. (<http://roms.rowingaustralia.com.au/>)

Online entries will **close** at 17:00hrs AEST on Monday 21st June 2010.

No entry fee

TEAMS

Each state / territory and New Zealand team are required to enter a team consisting of:

Male	Female
6 open class athletes	6 open class athletes
3 lightweight athletes (1 reserve)	3 lightweight athletes (1 reserve)
1 coxswain	1 coxswain

*** Max team size, including Coaches = 25** (for budgeting purposes)

EVENTS

The following events will be contested at the 2010 Australian Youth Cup.

Each athlete, with the exception of the coxswain, must compete in 1 event from each of the 3 groups.

Group 1

- Men's Single Scull
- Women's Single Scull
- Men's Coxless Pair
- Women's Coxless Pair
- Lightweight Men's Double Scull
- Lightweight Women's Double Scull
- Lightweight Men's Single Scull (reserve)
- Lightweight Women's Single Scull (reserve)

Group 2

- Men's Coxless Quad Scull
- Women's Coxless Quad Scull
- Men's Coxless Four
- Women's Coxless Four
- Mixed Double Scull (reserves)

Group 3

- Men's Coxed Eight
- Women's Coxed Eight
- Mixed Coxless Quad Scull (reserves)

EVENT DETAILS

- Each team is to enter two crews in the men's and women's single scull and coxless pair; these events will be contested in two separate divisions.
- The reserve for each team will be the men's and women's lightweight single sculler.
- Due to the nature of this regatta, any substitution made must meet the requirements of *Rowing Australian Rule 51.1 – Changes After The First Heat* regardless of whether the reserve will be rowing in an event where the first heat as not already been conducted.

LIGHTWEIGHTS

Lightweights will be permitted to compete at:

Men: Max Weight 74.2kg
Women: Max Weight 60.4kg

- there will be no crew average enforced

POINT SCORE

All teams will compete for '**The Rusty Robertson Youth Cup**'. Points will be awarded as follows for each event with the exception of the reserves races which do not contribute to the overall point score.

1st place = 8 points
2nd place = 7 points
3rd place = 6 points
4th place = 5 points
5th place = 4 points
6th place = 3 points
7th place = 2 points
8th place = 1 point

Medals will be awarded in each event, including reserves races. All presentations for the regatta will be conducted at the conclusion of the regatta on Sunday, 11 July 2010.

INDICATIVE RACE SCHEDULE

Appendix 1 provides an indicative program for the 2010 Australian Youth Cup.

ROWING AUSTRALIA—National Team camp

As per 2009, the Youth Cup will be conducted in and around the Australian U23 National Team pre-departure camp. This opportunity affords all up and coming athletes and coaches an ideal chance to see some of our best elite athletes up close and in action.

TRAVEL LOGISTICS

ACCOMMODATION

All bookings must be made through Rowing Australia's Travel Management company, *Stage & Screen*. By channeling bookings in this way, Rowing Australia sponsorship arrangement with S&S will ensure some of these funds are directly returned to Rowing for our future development around the country.

Details:

- Each State (or NZ) will pay Stage & Screen directly the accommodation costs
- The cost per head will be equalized at \$65/pp/pn. across the 4 dedicated Hotels
- Maximum team size including coaches, 25 pax
- The following Hotels have been pre booked for the event:
Log Cabin, Chifley Panthers, Penrith Valley Inn, and Nepean Shores.

FLIGHTS

All flight bookings should also be made through Rowing Australia's Travel Management company, *Stage & Screen*.

TO MAKE AN ACCOMMODATION OR FLIGHT BOOKING:

- Team Managers (or State CEO's) should contact **Natasha Benson** at Stage & Screen
- Email - nbenson@stageandscreen.com.au
- Direct Ph - 02 93834575 or 02 93834544

GROUND TRANSPORT

All teams will organise their own transport to/from the accommodation and airport/train station.

GENERAL INFORMATION

MEALS

The following meal arrangements have been made for the duration of the regatta:

Breakfast:	Teams and Athletes make own arrangements
Lunch:	For Friday, Saturday and Sunday can be provided at the Regatta Course by pre-ordering (more detail in next Bulletin)
Dinner:	Team Dinner on Saturday evening will cost approximately \$40 per head and all team members are expected to attend. Team Uniform to be worn Other nights make own arrangements

COACHES INSTRUCTIONS

The cycle path at SIRC on the northern side of the course is reserved for coaches following races on bicycles. In the interests of safety, helmets must be worn. Only official vehicles are permitted to drive to the start or use the media roadway. No coaching boats are permitted at SIRC.

EQUIPMENT

It is expected that all Australian States will provide their own boats.

However, we will also attempt to cover the boat needs of NZ and WA crews. To cover these crews, additional boats for WA/NZ, boats will be added to each State 'to bring'. The NRCE will also be approached to assist. *Further detailed information on this topic in Bulletin 2.*

DRUG TESTING

The Australian Sports Anti Doping Agency (ASADA) may conduct drug testing at the 2010 Australian Youth Cup. *Remember, it is YOUR responsibility to ensure that you abide by the regulations of ASADA and WADA.* For more information, call ASADA :

Telephone: 13 000 27232
email: asada@asada.gov.au or,
Website: www.asada.gov.au

NOTE: Athletes should always carry copies of any documentation (TUE's, or other) to every regatta

ILLICIT DRUGS IN SPORT – EDUCATION PROGRAM

Rowing Australia has developed an education program in conjunction with the Department of Health to address the use of Illicit Drugs in Sport (non performance enhancing). During the Youth Cup, several education sessions will be conducted for athletes and coaches to begin the process of educating us all about the dangers and pitfalls of Illicit Drug use in our lives.



WITH THANKS TO:

The NEW SOUTH WALES ROWING ASSOCIATION



ILLICIT DRUGS IN SPORT – EDUCATION PROGRAM –
FUNDED BY THE DEPARTMENT OF HEALTH AND AGING



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Australian Government
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