

# 2010 Australian Youth Cup

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## Bulletin 2

Rowing NSW is hosting the 2010 Australian Youth Cup on behalf of Rowing Australia. The event will be held at the Sydney International Regatta Centre, Penrith Sydney from 9<sup>th</sup> - 11<sup>th</sup> July. Invitations are extended to all State Rowing Associations and Rowing New Zealand.

Please view Bulletin 1 for more information

### CATERING AND FUNCTIONS

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Team lunch packs can be ordered for \$13.00 per person through Rowing NSW by completing the attached order form. This will include a 1.5 sandwich/wrap, drink and a muffin. Additional catering can be provided upon request with 24hrs notice.

Breakfast and Dinner is to be catered by each team separately.

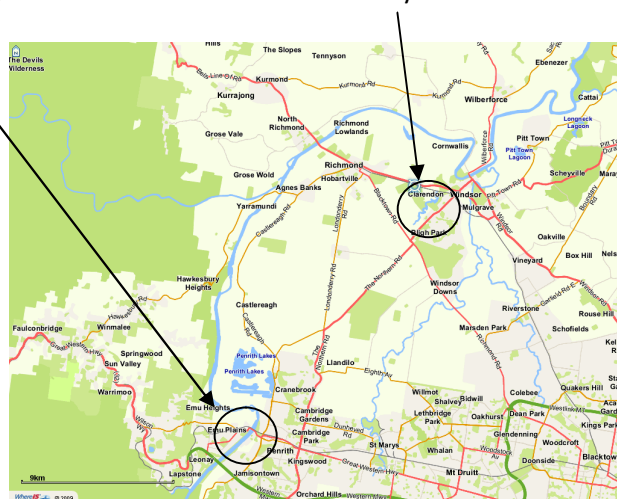
On Saturday 10<sup>th</sup> July, the **Youth Cup Team Dinner** will be held at the Hawkesbury Race Club from 6.30pm for \$50pp. The increase in cost is due to increased venue charges, as well as covering venue hire, attending boat race officials and guest speaker.

The venue is approx 18km / 20 min from SIRC. A map with directions is at the back of the Bulletin.

Please complete the order form for lunch packs and the Team Dinner at the back of the Bulletin

Sydney International Regatta Centre

Hawkesbury Race Club





## ACCESS TO THE SYDNEY INTERNATIONAL REGATTA CENTRE

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SIRC has been booked from Thursday 8<sup>th</sup> July. Water safety will commence from this date. The regatta will commence on Friday 9<sup>th</sup> July. Access prior to these times will need to be arranged directly with SIRC Venue Management and additional fees *may* apply. Please contact Linda Toomey on 02 4730 0000.

There will be full access to competitors, trailers and spectators onto the island and there will be no requirement for car park passes or car parking fees. Please let Georgie at Rowing NSW know when your team trailer is likely to arrive to unload your boats.

There is sufficient racking at the venue for all teams boats though you are able to use your trailer if required.

Access to the venue is from 6am until sunset daily.

Note: The 2010 Australian Under 23 Team will be training at SIRC from Monday 5<sup>th</sup> July and racing throughout the Australian Youth Cup race schedule. This event will double as a pre-departure camp for the Squad on route to Belarus for the Under 23 World Rowing Championships.

## ENTRIES

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Online entries will be **open** on ROMS from Friday May 5<sup>th</sup> 2010 (<http://roms.rowingaustralia.com.au>)  
Online entries will **close** at 17:00hrs AEST on Monday 7<sup>th</sup> June 2010

Please ensure you enter your crews in seat order for correct printing of programs.

## EQUIPMENT

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Each competing state are required to provide their own equipment.

Additionally, we are requesting that each State or Institute of Sport, provide some additional boats and oars to cater for the WA and NZ teams. Primarily, this is because NSW Clubs have been heavily targeted for boat rental/loan during the World Masters Games, Youth Olympics, Selection Regatta's etc. For this reason – we are going outside those NSW clubs to lighten their load this year.

The suggested boats to bring in addition to their own team boats are provided at the end of this Bulletin. All States are to confirm their provision of boats and oars as per the allocation in Appendix 2 to Georgie Lee by Monday 31<sup>st</sup> May. **If any State has any issues providing these boats, please contact Georgie Lee ASAP.**

Each state is to endeavour to provide WA and NZ teams with the highest quality boats available however it must be noted that these boats will be sourced from local clubs and schools therefore no guarantees can be made regarding the age or quality of boats supplied.

A hire fee of \$50 per seat (paid by WA or NZ) will be provided to the State that has provided the equipment.



## **ATHLETES BRIEFING**

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An athlete's briefing will be conducted in the grandstand of the Sydney International Regatta Centre at 3.00pm on Thursday 8<sup>th</sup> July. All athletes, coaches and team managers are expected to attend.

## **ANTI-ILLICIT DRUGS IN SPORT EDUCATION SEMINAR**

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All teams attending the 2010 Australian Youth Cup are required to attend an Anti-Illicit Drugs Seminar.

Given the number of participants (i.e. 200ppl) there will be 2 groups; one group = 4 teams.

The timetable for seminars is dependent on the race schedule which will not be known until both the Australian Youth Cup and the Under 23 race programs are known. Times for each seminar and which teams are in which group will be distributed once the program is known.

## **TEAM MANAGER CONTACT**

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Each state is to provide their Team Manager and /or key contacts name, email and mobile contact to Georgie Lee before Friday 14<sup>th</sup> May 2010.

## **INFORMATION TIMELINE**

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Each State is to provide the following information to Georgie Lee, RNSW by the following dates

- Team Manager/Contact – Friday 14th May
- Boats/Equipment – Monday 31st May
- Entries – Monday 7th June
- Catering – Friday 18th June

## **CONTACTS**

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For any further enquires please feel free to contact the following people:

Rowing New South Wales  
P.O. Box 265, Concord West NSW 2138  
Georgie Lee – 02 8116 9777  
0401 303 387

Email: [georgie@rowingnsw.asn.au](mailto:georgie@rowingnsw.asn.au)  
Website: [www.rowingnsw.asn.au](http://www.rowingnsw.asn.au)

Rowing Australia  
PO Box 245, Belconnen ACT 2617  
Matt Draper – 02 6256 5999  
0407 942 181

Email: [mdraper@rowingaustralia.com.au](mailto:mdraper@rowingaustralia.com.au)  
Website: [www.rowingaustralia.com.au](http://www.rowingaustralia.com.au)





## Appendix 2 – Boat Hire Plan

Each competing state are required to provide their own equipment.

Additionally, we are requesting that each State or Institute of Sport, provide some additional boats and oars to cater for the WA and NZ teams. Primarily, this is because NSW Clubs have been heavily targeted for boat rental/loan during the World Masters Games, Youth Olympics, Selection Regatta's etc. For this reason – we are going outside those NSW clubs to lighten their load this year.

All boats should be provided with oars. Where possible, all boats should be a maximum of 5 years old.

To bring please By State/ Institute breakdown					
<b>QLD</b>	W8+				
<b>VIC</b>	M8+	M4-			
<b>NSW</b>	M2-	W8+	M8+		
<b>ACT</b>	ML1x	M4x			
<b>SA</b>	M4-				
<b>TAS</b>	M2-	ML2x			
<b>NRCE</b>	M1x (4)	ML2x/W2x	M4x	M2- (2)	ML1x/W1x

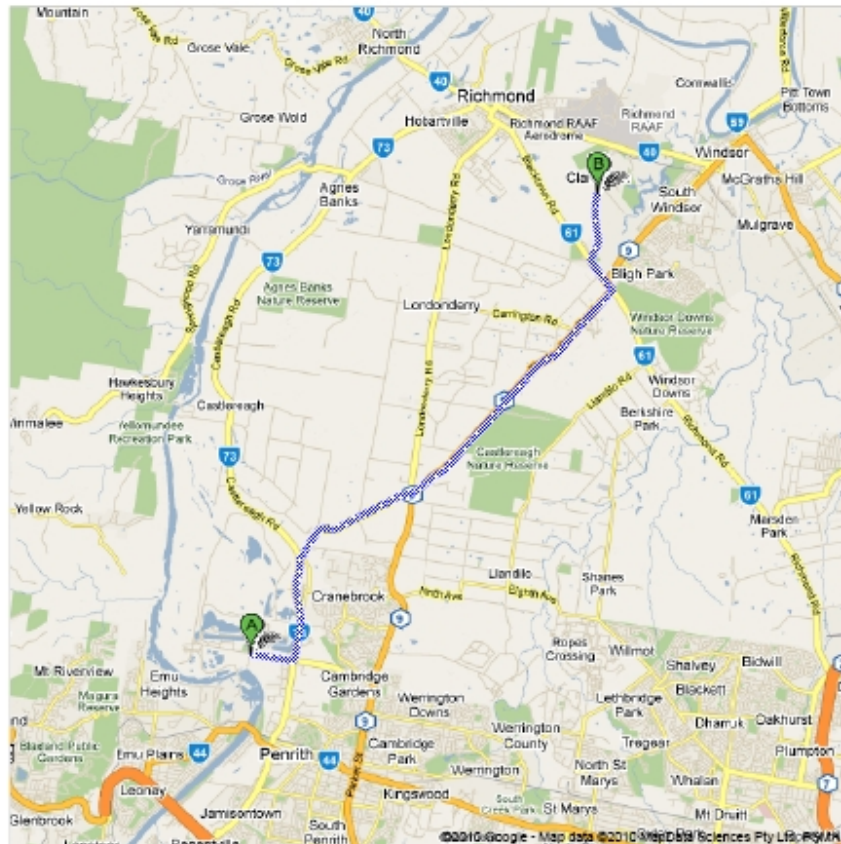
To bring please By Boat breakdown							
<b>M1x</b>	<b>M2-</b>	<b>ML1x</b>	<b>ML2x</b>	<b>M4-</b>	<b>M4x</b>	<b>M8+</b>	<b>W8+</b>
NRCE	TAS	ACT	NRCE	SA	ACT	NSW	NSW
NRCE	NRCE		TAS	VIC	NRCE	VIC	QLD
NRCE	NRCE						
NRCE	NSW						

Please provide this information to Georgie Lee by Monday 31<sup>st</sup> May 2010

### Appendix 3 – Directions to Hawkesbury Race Club from SIRC



Directions to Hawkesbury Race Club  
 Racecourse Rd, Clarendon NSW 2756 - (02) 4577 2283  
 2283  
 18.1 km – about 30 mins



**A** Sydney International Regatta Centre  
 Sydney International Regatta Centre, New South Wales, Australia - (02) 4730 0000

1. Head east on Old Castlereagh Rd towards Leland St  
 About 2 mins  
 go 1.2 km  
 total 1.2 km
2. At the roundabout, take the 1st exit onto Castlereagh Rd  
 About 5 mins  
 go 2.8 km  
 total 4.0 km
3. Turn right at Cranebrook Rd  
 About 6 mins  
 go 3.6 km  
 total 7.5 km
4. Continue onto The Northern Road  
 About 1 min  
 go 22 m  
 total 7.8 km
5. Slight left to stay on The Northern Road  
 About 7 mins  
 go 7.7 km  
 total 15.2 km
6. Turn left at Richmond Rd  
 go 240 m  
 total 15.5 km
7. At the roundabout, take the 1st exit onto Blacktown Rd  
 About 2 mins  
 go 800 m  
 total 16.2 km
8. Turn right at Racecourse Rd  
 About 6 mins  
 go 1.8 km  
 total 18.1 km

**B** Hawkesbury Race Club  
 Racecourse Rd, Clarendon NSW 2756 - (02) 4577 2283

These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map results, and you should plan your route accordingly. You must obey all signs or notices regarding your route.

Map data ©2010 MapData Sciences Pty Ltd, PSMA



## Appendix 4 – Indicative Race Schedule

FRIDAY 9 JULY 2010

Race	Time	Event		Distance	Progression
1	9:30 AM	Men's Single Scull Division 1	Heat 1	2000m	1-3>Final A - Rest to Final B
2	9:36 AM	Men's Single Scull Division 1	Heat 2	2000m	1-3>Final A - Rest to Final B
3	9:42 AM	Men's Single Scull Division 2	Heat 1	2000m	1-3>Final A - Rest to Final B
4	9:48 AM	Men's Single Scull Division 2	Heat 2	2000m	1-3>Final A - Rest to Final B
5	9:54 AM	Women's Coxless Pair Division 1	Heat 1	2000m	1-3>Final A - Rest to Final B
6	10:00 AM	Women's Coxless Pair Division 1	Heat 2	2000m	1-3>Final A - Rest to Final B
7	10:06 AM	Women's Coxless Pair Division 2	Heat 1	2000m	1-3>Final A - Rest to Final B
8	10:12 AM	Women's Coxless Pair Division 2	Heat 2	2000m	1-3>Final A - Rest to Final B
9	10:18 AM	Men's Lightweight Double Scull	Heat 1	2000m	1-3>Final A - Rest to Final B
10	10:24 AM	Men's Lightweight Double Scull	Heat 2	2000m	1-3>Final A - Rest to Final B
11	10:30 AM	Men's Lightweight Single Scull (reserve)	Heat 1	2000m	1-3>Final A - Rest to Final B
12	10:36 AM	Men's Lightweight Single Scull (reserve)	Heat 2	2000m	1-3>Final A - Rest to Final B
13	11:30 AM	Women's Single Scull Division 1	Heat 1	2000m	1-3>Final A - Rest to Final B
14	11:36 AM	Women's Single Scull Division 1	Heat 2	2000m	1-3>Final A - Rest to Final B
15	11:42 AM	Women's Single Scull Division 2	Heat 1	2000m	1-3>Final A - Rest to Final B
16	11:48 AM	Women's Single Scull Division 2	Heat 2	2000m	1-3>Final A - Rest to Final B
17	11:54 AM	Men's Coxless Pair Division 1	Heat 1	2000m	1-3>Final A - Rest to Final B
18	12:00 PM	Men's Coxless Pair Division 1	Heat 2	2000m	1-3>Final A - Rest to Final B
19	12:06 PM	Men's Coxless Pair Division 2	Heat 1	2000m	1-3>Final A - Rest to Final B
20	12:12 PM	Men's Coxless Pair Division 2	Heat 2	2000m	1-3>Final A - Rest to Final B
21	12:18 PM	Women's Lightweight Double Scull	Heat 1	2000m	1-3>Final A - Rest to Final B
22	12:24 PM	Women's Lightweight Double Scull	Heat 2	2000m	1-3>Final A - Rest to Final B
23	12:30 PM	Women's Lightweight Single Scull (reserve)	Heat 1	2000m	1-3>Final A - Rest to Final B
24	12:36 PM	Women's Lightweight Single Scull (reserve)	Heat 2	2000m	1-3>Final A - Rest to Final B
25	2:00 PM	Men's Single Scull Division 1	Final B	2000m	
26	2:06 PM	Men's Single Scull Division 1	Final A	2000m	
27	2:12 PM	Men's Single Scull Division 2	Final B	2000m	
28	2:18 PM	Men's Single Scull Division 2	Final A	2000m	
29	2:24 PM	Women's Coxless Pair Division 1	Final B	2000m	
30	2:30 PM	Women's Coxless Pair Division 1	Final A	2000m	
31	2:36 PM	Women's Coxless Pair Division 2	Final B	2000m	
32	2:42 PM	Women's Coxless Pair Division 2	Final A	2000m	
33	2:48 PM	Men's Lightweight Double Scull	Final B	2000m	
34	2:54 PM	Men's Lightweight Double Scull	Final A	2000m	
35	3:00 PM	Men's Lightweight Single Scull (reserve)	Final B	2000m	
36	3:06 PM	Men's Lightweight Single Scull (reserve)	Final A	2000m	
37	4:00 PM	Women's Single Scull Division 1	Final B	2000m	
38	4:06 PM	Women's Single Scull Division 1	Final A	2000m	
39	4:12 PM	Women's Single Scull Division 2	Final B	2000m	
40	4:18 PM	Women's Single Scull Division 2	Final A	2000m	
41	4:24 PM	Men's Coxless Pair Division 1	Final B	2000m	
42	4:30 PM	Men's Coxless Pair Division 1	Final A	2000m	
43	4:36 PM	Men's Coxless Pair Division 2	Final B	2000m	
44	4:42 PM	Men's Coxless Pair Division 2	Final A	2000m	
45	4:48 PM	Women's Lightweight Double Scull	Final B	2000m	
46	4:54 PM	Women's Lightweight Double Scull	Final A	2000m	
47	5:00 PM	Women's Lightweight Single Scull (reserve)	Final B	2000m	
48	5:06 PM	Women's Lightweight Single Scull (reserve)	Final A	2000m	



**SATURDAY 10 JULY 2010**

Race	Time	Event		Distance	Progression
49	9:00 AM	Men's Coxless Four	Heat 1	2000m	1-3>Final A - Rest to Final B
50	9:06 AM	Men's Coxless Four	Heat 2	2000m	1-3>Final A - Rest to Final B
51	9:12 AM	Women's Coxless Quad Scull	Heat 1	2000m	1-3>Final A - Rest to Final B
52	9:18 AM	Women's Coxless Quad Scull	Heat 2	2000m	1-3>Final A - Rest to Final B
53	9:24 AM	Mixed Double Scull (reserves)	Heat 1	2000m	1-3>Final A - Rest to Final B
54	9:30 AM	Mixed Double Scull (reserves)	Heat 2	2000m	1-3>Final A - Rest to Final B
55	11:00 AM	Men's Coxless Four	Final B	2000m	
56	11:06 AM	Men's Coxless Four	Final A	2000m	
57	11:12 AM	Women's Coxless Quad Scull	Final B	2000m	
58	11:18 AM	Women's Coxless Quad Scull	Final A	2000m	
59	11:24 AM	Mixed Double Scull (reserves)	Final B	2000m	
60	11:30 AM	Mixed Double Scull (reserves)	Final A	2000m	
61	1:00 PM	Men's Coxless Quad Scull	Heat 1	2000m	1-3>Final A - Rest to Final B
62	1:06 PM	Men's Coxless Quad Scull	Heat 2	2000m	1-3>Final A - Rest to Final B
63	1:12 PM	Women's Coxless Four	Heat 1	2000m	1-3>Final A - Rest to Final B
64	1:18 PM	Women's Coxless Four	Heat 2	2000m	1-3>Final A - Rest to Final B
65	3:00 PM	Men's Coxless Quad Scull	Final B	2000m	
66	3:06 PM	Men's Coxless Quad Scull	Final A	2000m	
67	3:12 PM	Women's Coxless Four	Final B	2000m	
68	3:18 PM	Women's Coxless Four	Final A	2000m	

**SUNDAY 11 JULY 2010**

Race	Time	Event		Distance	Progression
69	9:00 AM	Men's Coxed Eight	Heat 1	2000m	1-3>Final A - Rest to Final B
70	9:08 AM	Men's Coxed Eight	Heat 2	2000m	1-3>Final A - Rest to Final B
71	9:16 AM	Women's Coxed Eight	Heat 1	2000m	1-3>Final A - Rest to Final B
72	9:24 AM	Women's Coxed Eight	Heat 2	2000m	1-3>Final A - Rest to Final B
73	11:00 AM	Mixed Coxless Quad Scull (reserves)	Final A	2000m	
74	11:08 AM	Men's Coxed Eight	Final B	2000m	
75	11:16 AM	Men's Coxed Eight	Final A	2000m	
76	11:24 AM	Women's Coxed Eight	Final B	2000m	
77	11:32 AM	Women's Coxed Eight	Final A	2000m	