

The following crews will represent NSW and the 2009 Interstate Regatta at Lake Barrington, Tasmania.

President's Cup

Danjels Reedman.
Coach Rhett Ayliffe

Kings Cup

Terrence Alfred, Richard Allsop, Dominic Grimm, Nicholas Hudson, Sam Loch, Dan Noonan, Fergus Pragnell, Matthew Ryan. Cox Tobias Lister. Reserve James Goswell.
Coach Andrew Randell

Penrith Cup

Charles Budd, Edward de Carvalho, Edward White, Thomas Ing. Reserve Lachlan Carter
Coach Mark Prater

Noel F. Wilkinson Trophy (Youth Eight)

Nick Purnell, Henry Mander, Ryan Edwards, William Gilbert, Ryan Barraclough, Alexander Sutton, Jason Waddell, Kurt Spencer. Cox Ed Clarke. Reserve Aleksander Berzins.
Coach Phillip Bourguignon

Nell Slatter Trophy

Anna O'Brien
Coach Steve Luker

Queens Cup

Elizabeth Kell, Bronwen Watson, Anna O'Brien, Chloe O'Regan, Emma Costello, Laura Honson, Laura Robertson, Brynne Allen, Cox Alison Williams. Reserve Kate Darke
Coach Alan Bennett

Victoria Cup

Bronwyn Watson, Jacky Peile, Alison Smith, Alicia Boehm. Reserve Laura Dunn
Coach Ellen Randell

Bicentennial Cup (Youth Eight)

Ashleigh Peppernell, Beatrix Sheldrick, Sarah Handley, Samantha Doyle, Sorelle Bowman, Olivia Heath, Johanna Tarrant, Jessica Salmon Cox. Gabriella Poletto. Reserve Elise Andrews
Coaches Glenn Bates and Adam Vine-Hall

Stephen Handley
Chairman of Selectors.
New South Wales Rowing Association