
New South Wales Rowing Association Inc.

P.O. Box 722, GLEBE 2037 (02) 8116 9777 FAX (02) 8732 1618.
Level 1, 6A Figtree Drive
Sydney Olympic Park

MERCHANDISE PRICE LIST GST INCLUSIVE 2008-2009 PLEASE CONFIRM AVAILABILITY & PRICE BEFORE ORDERING.

* VHS VIDEO

..... "Olympic Rowing Technique" 90 minute exceptional tutorial
with Olympic crews training & Olympic racing footage ! @ \$ 44.00

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..... 'Circuit Training for all Sports' @ \$ 33.00
..... 'Warm-up & Preparation for Athletes of all Sports' @ \$ 27.50
..... 'Strength Speed & Endurance for Athletes' @ \$ 27.50
..... 2008-2009 NSWRA 'DIRECTORY' Available Dec 2008. @ \$ 33.00

***ROWPERFECT ERGOMETER** - the gold medallists rowing machine.
go to www.rowperfect.com.au or ring (02) 9939 9777 for more information

***NAVIGATION STROBE LIGHT** - for further information please contact
NSWRA for stockists of NSW Maritime approved strobe lights

***TROPHIES** Inquiry about our range of trophies & jewellery.

..... Miniature gold oar in plastic case with engraving plate @ \$ 12.50
(engraving additional)
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OTHER _____ \$ _____.00

POSTAGE & HANDLING (Standard Australia Post charges will be applied) \$

TOTAL \$

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Prices effective 1/01/09.